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A Manifesto For A New Medicine - James Gordon 1997-05-02 For the last twenty-five years, Dr. James Gordon has pioneered an approach to healing that synthesize the best of modern scientific medicine with the best of the alternative techniques. Here he leads us step by step through convincing and absorbing case studies of the successful use of these advancements, presenting clearly and simply the scientific basis for them. He also shows us how each of us can incorporate alternative therapies as an integral part of our health and our daily lives.

A Manifesto For A New Medicine - James Samuel Gordon 1996-05-05 "For the last twenty-five years, Dr. James Gordon has pioneered an approach to healing that synthesizes the best of modern scientific medicine with the best of the alternative techniques. Here he leads us step by step through convincing and absorbing case studies of the successful use of these advancements, presenting clearly and simply the scientific basis for them. He also shows us how each of us can incorporate alternative therapies as an integral part of our health and our daily lives.

The Checklist Manifesto: How to Get Things Right - Atul Gawande 2010-04-01 The New York Times bestselling author of Better and Complications reveals the surprising power of the ordinary checklist in modern medicine—delivers a clear, concise history of cannabis as a medicine, details the unintended consequences of prohibition, and considers its future as a regulated consumer product. Valuable bibliographies guide readers to comics and scholarly works relevant to the field. Squier, argues that as a new area of scholarship, research on graphic medicine has the potential to create a new vocabulary, raise complex questions about their foundations, and reinvent the way we think about medicine. Offering a serious critique of the conventional boundaries of academic disciplines, raising critical questions about the foundations of both mental and physical health, and rethinking the way we think about medicine, this book is essential reading for anyone working to get things right.

Manifesto for a New Medicine: Your Guide to Healing Partnerships and the Wise Use of Alternative Therapies by James S. Gordon, M.D. 2009-05-26 "Extraordinary... Both therapist and patient will benefit hugely from reading this book." —Deepak Chopra "Exactly what was missing in the battle against mental illness. . . ." —Ian Williams 2014-04-01 Argues that doctors are deliberately misinformed by profit-seeking pharmaceutical companies that casually withhold important information about drug efficacy and side effects, explaining the process of pharmaceutical data manipulation and its global consequences. By the best-selling author of Bad Science.

The Addiction Manifesto - JR Weaver 2021-07-06 2021 Literary Titan Award Winner, 2021 American Writing Awards Finalist, 2021 TCK Readers Choice Award Winner, 2021 2021 Amazon Best Book of the Year, 2021 901 Books Best Book of the Year, 2021 A Manifesto Talented author and army veteran, JR Weaver, shares his experience battling addiction in his soon-to-be-launched book titled The Addiction Manifesto. Weaver is an army veteran and person in long-term recovery who is passionate about the health and wellness of others as he is set to release his book titled The Addiction Manifesto. The author is looking to assist millions of people in different parts of the world through their journey as they recover from addiction and experiences with the hope of changing a global recovery revolution. Substance abuse and addiction remain a major plague that has continued to generate a lot of discussion across the globe due to its impact on people as well as its impact on the economies of nations. Unfortunately, recent statistics have shown a worrisome increase in the number of people suffering from addiction. According to a recent report published by the World Health Organization, about 270 million people, approximately 3.5% of the global population aged between 15 and 64, used psychoactive drugs with an estimated 35 million people suffering from drug use disorders and over 100 thousand deaths linked to drug use disorders in 2019. Unfortunately, many of the available addiction recovery resources are seemingly arbitrary, ultimately failing to yield the desired results. However, JR Weaver aims to change this narrative with the release of The Addiction Manifesto. The author pertinently explores the reasons behind addiction and the path toward early recovery. JR Weaver aims to highlight the inherent powers of self-belief and how the personal desire to quit drug abuse remains the biggest obstacle to embracing a healthier, happier life. Published by Palmetto Publishing, The Addiction Manifesto initially started as a journal to help the author stop before he eventually decided to share his journey with the world as a self-help guide for persons in recovery as well as their loved ones. The book contains easy-to-implement yet effective tips that will help others read their lives and become responsible members of the society. JR Weaver has already started to receive recognition from different quarters, emerging as a finalist at the 2020 International Book Awards in the Health: Addiction & Recovery category.

Reengineering Health Care: Jim Champy 2010-04-06 In their legendary book, Reengineering the Corporation, Jim Champy and Michael Hammer introduced businesspeople to the enormous power of a revolutionary methodology called reengineering. Using reengineering, businesses around the world have systematically reshaped their processes—achieving dramatic cost savings, greater customer satisfaction, and more value. Now, Jim Champy and Dr. Harry Grotta show how to apply the proven reengineering methodology in health care throughout physician practices, hospitals, and entire health systems. You'll find innovative and valuable lessons across the entire health care system—lessons from the top, lessons from the middle, and lessons from the bottom. You'll also find the means to make health care more patient-focused, delivering care more efficiently and cost-effectively. Reengineering Health Care demonstrates how to institutionalize reengineering by developing a strong organizational structure, becoming a learning organization, and understanding the role of leadership.

UnHealthcare: A Manifesto for Health Assurance - Tom Knight 2010-04-01 How Tom Knight is revolutionizing patient safety at Methodist Hospital System, one of America's largest private, nonprofit medical complexes How to start today in your own organization! UnHealthcare: A Manifesto for Health Assurance

A Manifesto for Mental Health - Peter Kinderman 2019-10-08 A Manifesto for Mental Health presents a radically new and distinctive outlook that critically examines the prevailing mental health narrative. By creating a hidden human rights emergency and he proposes a new vision for the future of health organisations across the globe. The book highlights persuasive evidence that mental health and wellbeing depend very much on the society we live in, on the things that happen to us, and on how we learn to make sense of and respond to those events. Kinderman proposes a rejection of invalid diagnostic labels, practical help rather than medication, and a recognition that distress is usually an understandable human response to life's challenges. Offering a serious critique of the conventional boundaries of academic disciplines, raising critical questions about the foundations of both mental and physical health, and rethinking the way we think about medicine, this book is essential reading for anyone working to get things right across the globe.

Unhealthy: A Manifesto for Health Assurance - Peter Kinderman 2020-05-29 In Unhealthy: A Manifesto for Health Assurance, Ian Williams, a medical practitioner and comic artist, reveals how the medical system is broken and what we can do about it. The book presents a powerful argument for fundamental reform and shows how we can help millions of people live healthier, happier, and more productive lives. It demonstrates how, with scientific rigour and empathy, a revolution in mental health care is not only highly desirable, it is also entirely achievable.

Bad Pharma - Ben Goldacre 2014-04-01 Argues that doctors are deliberately misinformed by profit-seeking pharmaceutical companies that casually withhold information about drug efficacy and side effects, explaining the process of pharmaceutical data manipulation and its global consequences. By the best-selling author of Bad Science.

Bad Medicine - Drudge Report 2000 The Internet journalist shares his opinions on politics, the media, big business, and modern life in a compilation of editorials, columns, and essays.

Unstuck: How to Find Meaning and Purpose in a World of Limited Time and Budgetary Constraints - Ben Kinderman 2013-04-01 His feelings for his partners also cause him grief: something more than unrequited love. Kinderman's novel is a demonstration of how, with scientific rigour and empathy, a revolution in mental health care is not only highly desirable, it is also entirely achievable.

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Pandemic Manifesto-Farah Fantour, MD, 2020-08-20 Dr. Fantour MD walks you through everything you need to know about COVID-19. From her firsthand experience, Dr. Fantour combines her medical knowledge and evidence from over 200 cited sources in a concise, 75-page text that takes a step back into the early days of COVID-19 to help us understand what we know about what we don’t know. Here are her insights:

- The Link Between Severe COVID-19, Male Sex, and Testosterone - COVID-19 in Children, Youth, and Certain Blood Types - The Importance of Evidence-Based Public Health

The Qualitative Manifesto -Norman K. Denzin 2018-10-25 Now issued as part of the Routledge Education Classic Edition series, The Qualitative Manifesto provides a "call to arms" for researchers from the leading figure in the qualitative research community, Norman Denzin. Denzin asks for a research tradition engaged in social construction of the self; for a research tradition that challenges the positivistic tradition of research by creating an alternative to both positivism and post-positivism; and for a research tradition that recognizes the role of the researcher, making it the "call to arms".

Galileo's Middle Finger -Ariel Druger 2016-04-05-Galileo's Middle Finger is historian Ariel Druger's eye-opening story of life in the trenches of scientific controversy. Druger begins his chronicle with her own original research into the treatment of people born into the "intersex" category (once called "hermaphrodites"). Realization of the shocking surgical and ethical abuses conducted in the name of "normalizing" intersex children's gender identities moved Druger to become an internationally recognized patient rights advocate. Along the way, she uncovered the hidden history of the treatment of intersex infants and children, tracked the discourse used to promote these medical procedures, and found the illegal and unethical experiments conducted in the name of science.

Becoming Human: The Humanist Manifesto 2000-Paul Kurtz 2000 This entirely new Humanist Manifesto is designed to address the problems of the twenty-first century and the millennium beyond. Presenting a new, broad-based, scientific view of the natural world, this document is the work of a distinguished author and scholar. Paul Kurtz, editor of Humanist Manifestos I, II, and III, has brought together a distinguished list of humanist intellectuals—including Arthur C. Clarke, Alan Cranston, Richard Dawkins, Richard Leakey, Jill Tarter, E. O. Wilson, and many others. The manifesto describes the many ways in which humanity has progressed in the 30 years since the publication of the previous humanist manifesto, Humanist Manifestos II (1973). It also addresses the many ways in which humanity continues to fall short of realizing its potential. The Underachiever's Manifesto—Paul Kurtz 2000 This Underachiever's Manifesto was drafted by Paul Kurtz in consultation with a twelve-person internal committee. Paul Kurtz describes the many ways in which humanity has progressed in the 30 years since the publication of the previous humanist manifesto, Humanist Manifestos II (1973). The Underachiever's Manifesto describes the many ways in which humanity continues to fall short of realizing its potential.

The Underachiever's Manifesto-Ray Bennett 2012-02-17 Lower your bar. Turn it down a notch. Get off the Stairmaster. The Underachiever's Manifesto is the playfully persuasive pocket guide to life's real goals and the path to living a life less ordinary. With sharp humor and genuine wisdom, this welcome little book eviscerates the absurdities of underachievement in our overstuffed culture. A witty introduction makes the case for the right amount of effort—at least ten that we've been led to believe. Ten principles of underachievement establish the basics: (1) The tallest blade of grass is the surest to be cut; and (2) The shortest path to an unmarked grave. The Underachiever's Manifesto describes the many ways in which humanity has progressed in the 30 years since the publication of the previous humanist manifesto, Humanist Manifestos II (1973). The Underachiever's Manifesto describes the many ways in which humanity continues to fall short of realizing its potential.

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manifesto-for-a-new-medicine-your-guide-to-healing-partnerships-and-the-wise-use-of-alternative-therapies

Manifiesto para una nueva medicina. James S. Gordon 1997 Divertida, atractiva y actual, la presente obra ofrece a los lectores la confianza y el conocimiento necesarios para ayudarlos a adoptar los nuevos tratamientos más efectivos que están mejorando la calidad de vida de millones de personas. El hecho es que cada día hay más gente frustrada por las limitaciones de la medicina convencional, personas que no quieren que se les vea que deben vivir con su enfermedad crónica, o que el dolor, la fatiga y el malestar estén solos en su mente. Hemos llegado a un punto en el que todos queremos que nuestra medicina nos escriba y nos ayude a curarnos. Muchos de nosotros, conscientes de no, hemos empezado ya a explorar técnicas alternativas como el yoga, la meditación, el masaje, las acupunturas, la homeopatía, la hipnoterapia, etc. Pero ¿cómo pueden que la medicina nos confunda o cuéleza alguna de sus escuelas de eficacia? Como respuesta a esta situación, planteando como un sencillo libro de consulta, el presente volumen sintetiza lo mejor de la medicina moderna y de las técnicas alternativas para guiarles a través de interesantes y convincentes casos que intentan ilustrar, de manera simple y clara, las bases científicas que sustentan tanto a una como a otras. Al mismo tiempo que nos revisa apasionantes historias acerca de su propia increíble recuperación, basándose en múltiples experiencias en el área de la medicina tradicional y en su extraordinario trabajo con pacientes de todo tipo, el doctor Gordon nos muestra un nuevo modelo de salud en el que la conjunción entre un médico atento y un paciente informado y activo logra dar una unificación de todos los recursos disponibles con el fin de conformar un plan de salud y bienestar del que todos los demás.

The Menopause Manifesto

The Menopause Manifesto – Dr. Jen Gunter 2021-05-25 An instant New York Times, Washington Post, USA Today, San Francisco Chronicle, and Publishers Weekly Bestseller! #1 Canadian Bestseller Just as she did in her groundbreaking bestseller The Vagina Bible, Dr. Jen Gunter, the internet’s most fearless advocate for women’s health, brings you empowerment through knowledge by countering stubborn myths and misunderstandings about menopause with hard facts, real science, fascinating historical perspective, and expert advice. “I feel more equipped to care for my patients, challenge the patriarchy, and empower & educate thanks to her work and advocacy.” – Dr. Danielle Jones ( Mama Doctor Jones) “An exhilarating read and a comprehensive review of all things menopause.” – North American Menopause Society “Gynecologist Gunter (The Vagina Bible) helps women navigate the ins and outs of menopause in this delightfully conversational and strongly feminist guide. Readers looking to separate menopausal fact from fiction should take note.” – Publishers Weekly “Gunter mines sound medical information with a lot of humor and a lot of candor...[this] frank and expert guide provides an informative and reassuring look at a long, often baffling and infuriating phase of life.” – Booklist The only thing predictable about menopause is its unpredictability. Factor in widespread misinformation, a lack of research, and the cultural shame around women’s bodies, and it’s no wonder women are unsure what to expect during the menopause transition and beyond. Menopause is not a disease—it’s a planned change, like puberty. And just like puberty, we should be educated on what to come years in advance, rather than the current practice of leaving people on their own with hormone symptoms and too much conflicting information. Knowing what is happening, why, and what to do about it is both empowering and reassuring. Frank and funny, Dr. Jen debunks misogynistic attitudes and challenges the over-medicalization of menopause to reveal everything you really need to know about: *Perimenopause: fast facts, real science, fascinating historical perspective, and expert advice. *Hot flashes: sleep disruption *Sex and libido: Depression and mood changes *Skin and hair issues *Osteoporosis *Obesity therapy *Breast health *Weight and muscle mass *Hair growth *Sleep *Menopause and menopause hormone therapy (MHT) *Menopause and sexual function *Menopause and sleep *Menopause and cognitive function *Premenopausal symptoms and conditions *Menopause and cognitive function *Premenopausal symptoms and conditions *Menopause and sleep *Menopause and cognitive function *Premenopausal symptoms and conditions *Menopause and sleep *Menopause and cognitive function *Premenopausal symptoms and conditions *Menopause and sleep *Menopause and cognitive function *Premenopausal symptoms and conditions *Menopause and sleep *Menopause and cognitive function *Premenopausal symptoms and conditions

The Laws of Medicine

The Laws of Medicine – Siddhartha Mukherjee 2015-10-13 Essential, required reading for doctors and patients alike: A Pulitzer Prize-winning author and one of the world’s premiere cancer researchers reveals an urgent philosophy on the little-known principles that govern medicine—and how understanding these principles can empower us all. Over a decade ago, when Siddhartha Mukherjee was a young, exhausted, and isolated medical resident, he discovered a book that would forever change the way he understood the medical profession. The book, The Youngest Science, forced Dr. Mukherjee to ask himself an urgent, fundamental question: Is medicine a “science”? Sciences must have laws—statements of truth based on repeated experiments that describe some universal attribute of nature. But does medicine have laws like other sciences? Dr. Mukherjee has spent his career pondering this question—a question that would ultimately produce some of most serious thinking he would do around the tenets of his discipline—culminating in The Laws of Medicine. In this important treatise, he investigates the most perplexing and illuminating cases of his career that ultimately led him to identify the three key principles that govern medicine. Brimming with fascinating historical details and modern medical wonders, this important book is a fascinating glimpse into the struggles and Eureka! moments that people outside of the medical profession rarely see. Written with Dr. Mukherjee’s signature eloquence and passionate prose, The Laws of Medicine is a critical read, not just for those in the medical profession, but for everyone who is moved to better understand how their health and well-being is being treated. Ultimately, this book lays the groundwork for a new way of understanding medicine, now and into the future.

A Solar Manifesto

A Solar Manifesto – Herman Scherer 2001 Our environment and society is threatened by fuel shortages, a changing climate and energy wars. In our race for survival we are awed to the simple truth that the essential condition of sustainability lies in our ability to live within the limits and...