[EPUB] Vaccines And Your Child Separating Fact From Fiction

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Vaccines & Your Child - Paul A. Offit 2011
Provides information about how vaccines are made, why they are given, and the safety of the vaccinations given today, as well as advice for parents about vaccinations and altering vaccine schedules.

Vaccines and Your Child - Paul A. Offit 2011-03-07 A book for all parents who want the best information about childhood immunizations. Paul A. Offit and Charlotte A. Moser answer questions about the science and safety of modern vaccines. In straightforward prose, they explain how vaccines work, how they are made, and how they are tested. Most important, they separate the real risks of vaccines from feared but unfounded risks. Offit and Moser address parental fears that children may receive too many vaccines too early, that the HPV vaccine may cause chronic fatigue or other dangerous side effects, that additives and preservatives in vaccines cause autism, and that vaccines might do more harm than good. There couldn't be a better moment or more pressing need for this book, which offers honesty—instead of hype—in the quest to protect children's health. “The perfect book for parents seeking accurate and detailed vaccine information.”—Ari Brown, M.D., pediatrician, author of Baby 411: Clear Answers and Smart Advice for Your Baby’s First Year

Do Vaccines Cause That?! - Martin G. Myers 2008 Almost 70% of parents who refuse to vaccinate their children do so because they believe vaccines may cause harm. Indeed vaccines have been blamed for causing asthma, autism, diabetes, and many other conditions most of which have causes that are incompletely understood. Do Vaccines Cause That?! A Guide for Evaluating Vaccine Safety Concerns provides parents with clearly understandable, science-based information about vaccines, immunization, and vaccine safety.

Bad Advice - Paul A. Offit 2018-06-19 Science doesn’t speak for itself. Neck-deep in work that can be messy and confounding, and naïve in the ways of public communication, scientists are often unable to package their insights into the neat narratives that the public requires. Enter the celebrities, the advocates, the lobbyists, and the funders behind them, who take advantage of scientists’ reluctance to provide easy answers, flooding the media with misleading or incorrect claims about health risks. Amid this onslaught of spurious information, Americans are more confused than ever about what’s good for them and what isn’t. In Bad Advice, Paul A. Offit shares hard-earned wisdom on the do’s and don’ts of battling misinformation. For the past twenty years, Offit has been on the front lines in the fight for sound science and public heath. Stepping into the media spotlight as few scientists have done—such as being one of the first to speak out against conspiracy theories linking vaccines to autism—he found himself in the crosshairs of powerful groups intent on...
promoting pseudoscience. Bad Advice discusses science and its adversaries: not just the manias stoked by slick charlatans and their miracle cures but also corrosive, dangerous ideologies such as Holocaust and climate-change denial. Written with wit and passion, Offit's often humorous guide to taking on quack experts and self-appointed activists is a must-read for any American disturbed by the recent uptick in politicized attacks on science.

### The Complete Idiot's Guide to Vaccinations
Laurie Bouck 2009-12-01 This vaccine guide for parents sticks it to the others... Vaccines usually bring relief, since society no longer has to worry about scourges of the past. But there’s been concern that these lifesavers can harm some. Which vaccines are necessary for the common good, and when should they be given? Here is all the information readers need to know about every vaccine, including: how vaccines work; which are required and recommended; which have been challenged; risks of not vaccinating; vaccines for travelers, injuries, and special populations, including seniors. ?Informative, unbiased, straightforward reference for parents

### The Vaccine Book
Robert W. Sears 2011-10-26 The Vaccine Book offers parents a fair, impartial, fact-based resource from the most trusted name in pediatrics. Dr. Bob devotes each chapter in the book to a disease/vaccine pair and offers a comprehensive discussion of what the disease is, how common or rare it is, how serious or harmless it is, the ingredients of the vaccine, and any possible side effects from the vaccine. This completely revised edition offers: Updated information on each vaccine and disease More detail on vaccines' side effects Expanded discussions of combination vaccines A new section on adult vaccines Additional options for alternative vaccine schedules A guide to Canadian vaccinations The Vaccine Book provides exactly the information parents want and need as they make their way through the vaccination maze.

### Immunization in Practice
World Health Organization 2015 This practical guide contains seven modules targeted at district and health facility staff. It intends to meet the demands to improve immunization services so as to reach more infants in a sustainable way, building upon the experiences of polio eradication. It includes materials adapted from polio on planning, monitoring and use of data to improve the service, that can be used at any level. Revising the manual has been a team exercise. There are contributions from a large number of experts, organizations and institutions. This new edition has seven modules. Several new vaccines that have become more readily available and used in recent years have been added. Also the section on integration with other health interventions has been expanded as exciting opportunities and experiences have become evident in the years following the previous edition. Module 1: Target diseases and vaccines Module 2: The vaccine cold chain Module 3: Ensuring safe injections Module 4: Microplanning for reaching every community Module 5: Managing an immunization session Module 6: Monitoring and surveillance Module 7: Partnering with communities.

### Vaccines
Stanley A. Plotkin 2008-02-11 Completely revised and updated, this respected reference offers comprehensive and current coverage of every aspect of vaccination—from development to use in reducing disease. It provides authoritative information on vaccine production, available preparations, efficacy, and safety...recommendations for vaccine use, with rationales...data on the impact of vaccination programs on morbidity and mortality...and more. And now, as an Expert Consult title, it includes a companion web site offering this unparalleled
The Childhood Immunization Schedule and Safety—Institute of Medicine 2013-04-27 Vaccines are among the most safe and effective public health interventions to prevent serious disease and death. Because of the success of vaccines, most Americans today have no firsthand experience with such devastating illnesses as polio or diphtheria. Health care providers who vaccinate young children follow a schedule prepared by the U.S. Advisory Committee on Immunization Practices. Under the current schedule, children younger than six may receive as many as 24 immunizations by their second birthday. New vaccines undergo rigorous testing prior to receiving FDA approval; however, like all medicines and medical interventions, vaccines carry some risk. Driven largely by concerns about potential side effects, there has been a shift in some parents’ attitudes toward the child immunization schedule. The Childhood Immunization Schedule and Safety identifies research approaches, methodologies, and study designs that could address questions about the safety of the current schedule. This report is the most comprehensive examination of the immunization schedule to date. The IOM authoring committee uncovered no evidence of major safety concerns associated with adherence to the childhood immunization schedule. Should signals arise that there may be need for investigation, however, the report offers a framework for conducting safety research using existing or new data collection systems.

Deadly Choices—Paul A. Offit 2015-03-10 A renowned researcher vigorously challenges the anti-vaccine movement in this powerful defense of science in the face of fear.

Vaccines—Paul A. Offit 2003-05-13

Red Book 2018—David W. Kimberlin 2018-06 The AAP's authoritative guide on preventing, recognizing, and treating more than 200 childhood infectious diseases. Developed by the AAP's Committee on Infectious Diseases as well as the expertise of the CDC, the FDA, and hundreds of physician contributors.

Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition E-Book—Jennifer Hamborsky, MPH, MCHES 2015-10-19 The Public Health Foundation (PHF) in partnership with the Centers for Disease Control and Prevention (CDC) is pleased to announce the availability of Epidemiology and Prevention of Vaccine-Preventable Diseases, 13th Edition or “The Pink Book” E-Book. This resource provides the most current, comprehensive, and credible information on vaccine-preventable diseases, and contains updated content on immunization and vaccine information for public health practitioners, healthcare providers, health educators, pharmacists, nurses, and others involved in administering vaccines. “The Pink Book E-Book” allows you, your staff, and others to have quick access to features such as keyword search and chapter links. Online schedules and sources can also be accessed directly through e-readers with internet access. Current, credible, and comprehensive, “The Pink Book E-Book” contains information on each vaccine-preventable disease and delivers immunization providers with the latest information on: Principles of vaccination General recommendations on immunization Vaccine safety Child/adult immunization schedules International vaccines/Foreign language terms Vaccination data and statistics The E-Book format contains all of the information and updates that are in the print version, including: · New vaccine administration chapter · New recommendations regarding selection of storage units and temperature monitoring tools · New recommendations for vaccine transport ·
Updated information on available influenza vaccine products · Use of Tdap in pregnancy · Use of Tdap in persons 65 years of age or older · Use of PCV13 and PPSV23 in adults with immunocompromising conditions · New licensure information for varicella-zoster immune globulin Contact bookstore@phf.org for more information. For more news and specials on immunization and vaccines visit the Pink Book’s Facebook fan page.

Your Baby's Best Shot- Stacy Mintzer Herlihy
2012-08-09 The Parent’s Guide to Vaccines helps readers understand why they should vaccinate. Using the latest science in the field, the authors make it clear exactly why vaccination is the right choice. They also emphasize the importance of herd immunity. Finally, the book explains how the anti-vaccine movement misleads the public on this important issue.

Your Child's Best Shot- Dorothy L. Moore
2014-12

Anti-vaxxers- Jonathan M. Berman 2020-09-08 A history of the anti-vaccination movement, from its nineteenth-century antecedents to today's anti-vax activism, offering strategies for refuting its claims. Vaccines are a documented success story, one of the most successful public health interventions in history. Yet there is a vocal anti-vaccination movement, featuring celebrity activists (including Kennedy scion Robert F. Kennedy Jr. and actress Jenny McCarthy) and the propagation of anti-vax claims through books, documentaries, and social media. In Anti-Vaxxers, Jonathan Berman explores the phenomenon of the anti-vaccination movement, recounting its history from its nineteenth-century antecedents to today's activism, examining its claims, and suggesting a strategy for countering them. After providing background information on vaccines and how they work, Berman describes resistance to Britain’s Vaccination Act of 1853, showing that the arguments anticipate those made by today's anti-vaxxers. He discusses the development of new vaccines in the twentieth century, including those protecting against polio and MMR (measles, mumps, rubella), and the debunked paper that linked the MMR vaccine to autism; the CDC conspiracy theory promoted in the documentary Vaxxed; recommendations for an alternative vaccination schedule; Kennedy's misinformed campaign against thimerosal; and the much-abused religious exemption to vaccination. Anti-vaxxers have changed their minds, but rarely because someone has given them a list of facts. Berman argues that anti-vaccination activism is tied closely to how people see themselves as parents and community members. Effective pro-vaccination efforts should emphasize these cultural aspects rather than battling social media posts.

Immunization Safety Review- Institute of Medicine 2001-07-15 Immunization is widely regarded as one of the most effective and beneficial tools for protecting the public's health. In the United States, immunization programs have resulted in the eradication of smallpox, the elimination of polio, and the control and near elimination of once-common, often debilitating and potentially life-threatening diseases, including measles, mumps, rubella, diphtheria, pertussis, tetanus, and Haemophilus influenza type b. Along with the benefits of widespread immunization, however, have come concerns about the safety of vaccines. No vaccine is perfectly safe or effective, and vaccines may lead to serious adverse effects in some instances. Furthermore, if a serious illness is observed after vaccination, it is often unclear whether that sequence is coincidental or causal, and it can be difficult to determine the true nature of the relationship, if any, between the vaccination and the illness. Ironically, the successes of vaccine coverage in the United States have made it more difficult for the public to weigh the benefits and complications of vaccines because the now-controlled diseases and their often-serious risks are no longer familiar. However, because vaccines are so widely used and because state laws require that children be vaccinated before entering daycare and school, in part to protect others-it is essential that safety concerns be fully and carefully studied. Immunization Safety Review: Measles-Mumps-Rubella Vaccine and Autism, the first of a series from the Institute of Medicine (IOM) Immunization Safety Review Committee, presents an assessment of the evidence regarding a hypothesized causal association between the measles-mumps-rubella (MMR) vaccine and autism, an assessment of the broader significance for society of the issues surrounding the MMR-autism hypothesis, and the committee's conclusions and recommendations based on those assessments.
Adverse Events Associated with Childhood Vaccines-Institute of Medicine 1993-01-01
Childhood immunization is one of the major public health measures of the 20th century and is now receiving special attention from the Clinton administration. At the same time, some parents and health professionals are questioning the safety of vaccines because of the occurrence of rare adverse events after immunization. This volume provides the most thorough literature review available about links between common childhood vaccines—tetanus, diphtheria, measles, mumps, polio, Haemophilus influenzae b, and hepatitis B—and specific types of disorders or death. The authors discuss approaches to evidence and causality and examine the consequences—neurologic and immunologic disorders and death—linked with immunization. Discussion also includes background information on the development of the vaccines and details about the case reports, clinical trials, and other evidence associating each vaccine with specific disorders. This comprehensive volume will be an important resource to anyone concerned about the immunization controversy: public health officials, pediatricians, attorneys, researchers, and parents.

Vaccines Did Not Cause Rachel’s Autism-Peter J. Hotez 2021-01-05
"—from the foreword by Arthur L. Caplan, NYU School of Medicine

The Cutter Incident-Paul A. Offit 2007-09-28
Vaccines have saved more lives than any other single medical advance. Yet today only four companies make vaccines, and there is a growing crisis in vaccine availability. Why has this happened? This remarkable book recounts for the first time a devastating episode in 1955 at Cutter Laboratories in Berkeley, California, that has led many pharmaceutical companies to abandon vaccine manufacture. Drawing on interviews with public health officials, pharmaceutical company executives, attorneys, Cutter employees, and victims of the vaccine, as well as on previously unavailable archives, Dr. Paul Offit offers a full account of the Cutter disaster. He describes the nation’s relief when the polio vaccine was developed by Jonas Salk in 1955, the production of the vaccine at industrial facilities such as the one operated by Cutter, and the tragedy that occurred when 200,000 people were inadvertently injected with live virulent polio virus: 70,000 became ill, 200 were permanently paralyzed, and 10 died. Dr. Offit also explores how, as a consequence of the tragedy, one jury’s verdict set in motion events that eventually suppressed the production of vaccines already licensed and deterred the development of new vaccines that hold the promise of preventing other fatal diseases.

Maternal Immunization-Elke Leuridan
2019-11-26
Immunization during pregnancy with currently recommended vaccines prevents infection in the mother, the unborn fetus, and the young infant, and there is an increasing focus from different stakeholders to use this approach for other infections of importance to protect these vulnerable groups. The aim of this Maternal Immunization book is to provide a contemporary overview of vaccines used in pregnancy (and the lactation period), with emphasis on aspects of importance for the target groups, namely, rationale for the use of vaccines in pregnancy, safety, immunogenicity (immunology), timing to vaccinate, repeat doses, protective effects in the mother, fetus, and infant, and public acceptance and implementation, of existing and of future vaccines. Provides an overview of a quickly evolving topic. This will benefit the reader who wishes to rapidly become informed and up-to-date with new developments in this field Suitable to a broad audience: scientific researchers, obstetricians, gynecologists, neonatologists, vaccinators, pediatricians, students, and industry. Maternal vaccination impacts a wide range of specialists Allows health care professionals/researchers to gain insight into other aspects of vaccination in pregnancy outside of their specialism Is coauthored by specialists from multiple disciplines, providing a diverse view of the subject, increasing its interest and appeal Creates awareness of the current developments in this area of medicine and of the potential of maternal vaccination to improve the health of mothers and infants worldwide

Vaccines-Kristen A. Feemster 2017-10-03
Immunization is regarded by many as one of the greatest advances in modern civilization. The widespread use of vaccines has led to increases in life expectancy, reductions in the occurrence of childhood diseases, and is generally credited with saving millions of lives annually. But since their discovery two centuries ago, vaccines have been dogged by pockets of persistent distrust
among those who are skeptical of their science or who find compulsory immunization at odds with personal liberty. The rise of these voices in contemporary culture has contributed to trends of vaccine delay and vaccine hesitancy in some communities -- a chasm between the general population and the scientific establishment that has persisted and grown at times across the last several decades. Vaccines: What Everyone Needs to Know® offers a scientifically grounded overview of the science, manufacture, and culture of vaccines in the United States and internationally. Aiming to offer an unbiased resource on this hotly debated subject, it provides accessible, authoritative overviews of the following: · How vaccines work · The history of vaccines · Vaccine policy -- who writes it, and does it matter? · The contents and manufacture of vaccines · Vaccine injury · The alleged link between vaccines and autism · Vaccines and new outbreaks Written by a leading authority in both infectious disease and vaccine education, this book offers a clear-eyed resource for parents or anyone with an interest in the use, efficacy, and controversy surrounding vaccines. In a subject area defined by partisanship, it offers reliable resource for what everyone needs to know.

The Panic Virus-Seth Mnookin 2012-01-03 A searing account of how vaccine opponents have used the media to spread their message of panic, despite no scientific evidence to support them.

Immunizations & Infectious Diseases-Margaret C. Fisher 2006 Provides advice on the prevention and treatment of infectious diseases in children, including everyday prevention methods, recommended immunizations, and the appropriate use of antibiotics and other medicines.

Separating Fact from Fiction-Shannon Reilly 2008-01-30 In this book you'll find frank discussion of the realities of creating and living a life of consensual slavery. I've included experiences and anecdotes from my own life so you'll know you're not alone. I've also presented some practical approaches to creating and sustaining a consensual slavery relationship which I hope you'll find helpful.

rejection of a causal relationship between influenza vaccines and exacerbation of multiple sclerosis. For the other neurological conditions studied, the committee concluded the evidence about the effects of influenza vaccine is inadequate to accept or reject a causal relationship. The committee also reviewed theories on how the influenza vaccine could damage the nervous system. The evidence was at most weak that the vaccine could act in humans in ways that could lead to these neurological problems.

Baby 411: Your Baby, Birth to Age 1—Dr. Ari Brown 2019-10-21 You are having a baby! Congratulations! Now, the reality hits you—what the heck am I doing? What if you could bottle the wisdom of all those parents who’ve come before you . . . and mix it with the solid medical advice from an nationally-renowned pediatrician? Baby 411 is the answer! Think of it as the ultimate FAQ for new parents. Inside you’ll learn: • How to pick a pediatrician with savvy questions to ask and insider tips. • Sleep. The best way to get your baby to sleep through the night. • First aid—when to worry, when not . . . and what to do when baby gets sick. No-nonsense, down-to-earth advice you can trust. • Fussy baby 411. Is it colic? Acid reflux? Or something else? Discover the secrets to soothing a fussy baby. • Detailed nutrition info with a step-by-step guide for successful breastfeeding, introducing solid food and the “new and improved” formulas. Plus: simple steps to avoid food allergies! • Is my baby normal? Learn how your baby will grow and develop! New in this revised 9th edition: • Designer baby formulas—Are they worth it? What about goat’s milk formula? • New sleeping gizmos: Do new electronic bassinets actually work at soothing baby? • New breastfeeding aids to boost milk supply that actually work. All that and more in the new, updated and revised BABY 411!

Autism’s False Prophets—Paul A. Offit 2008-09-18 A London researcher was the first to assert that the combination measles-mumps-rubella vaccine known as MMR caused autism in children. Following this “discovery,” a handful of parents declared that a mercury-containing preservative in several vaccines was responsible for the disease. If mercury caused autism, they reasoned, eliminating it from a child’s system should treat the disorder. Consequently, a number of untested alternative therapies arose, and, most tragically, in one such treatment, a doctor injected a five-year-old autistic boy with a chemical in an effort to cleanse him of mercury, which stopped his heart instead. Children with autism have been placed on stringent diets, subjected to high-temperature saunas, bathed in magnetic clay, asked to swallow digestive enzymes and activated charcoal, and injected with various combinations of vitamins, minerals, and acids. Instead of helping, these therapies can hurt those who are most vulnerable, and particularly in the case of autism, they undermine childhood vaccination programs that have saved millions of lives. An overwhelming body of scientific evidence clearly shows that childhood vaccines are safe and does not cause autism. Yet widespread fear of vaccines on the part of parents persists. In this book, Paul A. Offit, a national expert on vaccines, challenges the modern-day false prophets who have so egregiously misled the public and exposes the opportunism of the lawyers, journalists, celebrities, and politicians who support them. Offit recounts the history of autism research and the exploitation of this tragic condition by advocates and zealots. He considers the manipulation of science in the popular media and the courtroom, and he explores why society is susceptible to the bad science and risky therapies put forward by many antivaccination activists.

Toddler 411 5th edition ebook—Dr. Ari Brown 2015-09-21 You’ve made it! Your baby has turned one! Now the real fun begins. From temper tantrums to toilet training, raising a toddler brings its own set of challenges and questions — and Toddler 411 has the answers. Following on the heels of the best-seller Baby 411, Toddler 411 bottles the wisdom of parents who’ve “been there, done that” . . . and combines it with solid medical advice from an award-winning pediatrician. Inside, you’ll learn: • The truth about The Terrible Twos—and how to raise a well-behaved child without going insane. • Picky Eaters—learn how to cope . . . and convince your child to eat something besides Goldfish crackers. • Toilet train your toddler in just one day. No, that’s not a typo—learn the Zen of Toilet Training, when to start and how to make it work. • What’s normal—and what’s not when it comes to your toddler’s growth and development. Spot the early clues for autism and other red flags. • Simple steps and smart advice to avoid
environmental hazards. The most up-to-date, evidence-based health info for you and your toddler! This new 5th edition is revised and expanded with new content: 1. Cow’s milk and dairy alternatives Safety, health and nutritional needs. 2. Picky Eater Primer More tricks and tips for dealing with picky eaters! 3. Food allergies on the rise. A special section on food allergies and gluten sensitivities. 4. Preschools: When to go, why to go!

**Canadian Immunization Guide** - Canada. National Advisory Committee on Immunization 2006 The seventh edition of the Canadian Immunization Guide was developed by the National Advisory Committee on Immunization (NACI), with the support of the Immunization and Respiratory Infections Division, Public Health Agency of Canada, to provide updated information and recommendations on the use of vaccines in Canada. The Public Health Agency of Canada conducted a survey in 2004, which confirmed that the Canadian Immunization Guide is a very useful and reliable resource of information on immunization.

**Vaccinated** - Paul A. Offit, M.D. 2009-10-13 Maurice Hilleman's mother died a day after he was born and his twin sister stillborn. As an adult, he said that he felt he had escaped an appointment with death. He made it his life's work to see that others could do the same. Born into the life of a Montana chicken farmer, Hilleman ran off to the University of Chicago to become a microbiologist, and eventually joined Merck, the pharmaceutical company, to pursue his goal of eliminating childhood disease. Chief among his accomplishments are nine vaccines that practically every child gets, rendering formerly dread diseases—including often devastating ones such as mumps and rubella—practically toothless and nearly forgotten; his measles vaccine alone saves several million lives every year. Vaccinated is not a biography; Hilleman's experience forms the basis for a rich and lively narrative of two hundred years of medical history, ranging across the globe and throughout time to take in a cast of hundreds, all caught up, intentionally or otherwise, in the story of vaccines. It is an inspiring and triumphant tale, but one with a cautionary aspect, as vaccines come under assault from people blaming vaccines for autism and worse. Paul Offit clearly and compellingly rebuts those arguments, and, by demonstrating how much the work of Hilleman and others has gained for humanity, shows us how much we have to lose.

**Immunization Safety Review** - Institute of Medicine 2001-12-29 In this report, the Immunization Safety Review committee examines the hypothesis of whether or not the use of vaccines containing the preservative thimerosal can cause neurodevelopmental disorders (NDDs), specifically autism, attention deficit/hyperactivity disorder (ADHD), and speech or language delay.

**Encyclopedia of School Health** - David C. Wiley 2013-08-23 Children spend more time at school than anywhere else except home; thus, schools can have a major effect on children's health by providing a healthy physical environment, serving meals and snacks built around sound nutritional guidelines, and teaching about health, as well as modeling and promoting healthy behaviors. School health services programs involve not only school nurses and focus not only on nursing practice, standards, and performance issues; they also include services and classes to teach students the information and skills they need to become health-literate, to maintain and improve their health, to prevent disease, and to reduce risky behaviors impacting health. School nurses, teachers, administrators, health coordinators, guidance counselors and social workers all join with parents in safeguarding and promoting the health and well-being of school-aged children as a basic foundation for academic success. The Encyclopedia of School Health offers quick access to health and wellness information most relevant to children in America's K-12 school setting. You'll find valuable guidance on developmental stages, acute and chronic illnesses, special education, nutrition, crisis response, prevention, and more.

**Vaccination Controversies: A Reference Handbook** - David E. Newton 2013-03-21 Why is there such an active and ongoing resistance to mandatory vaccination? This book examines why vaccination as a public health measure continues to be highly controversial.

**The Vaccine-Friendly Plan** - Paul Thomas, M.D. 2016-08-23 An accessible and reassuring guide
to childhood health and immunity from a pediatrician who’s both knowledgeable about the latest scientific research and respectful of a family’s risk factors, health history, and concerns. In The Vaccine-Friendly Plan, Paul Thomas, M.D., presents his proven approach to building immunity: a new protocol that limits a child’s exposure to aluminum, mercury, and other neurotoxins while building overall good health. Based on the results from his pediatric practice of more than eleven thousand children, as well as data from other credible and scientifically minded medical doctors, Dr. Paul’s vaccine-friendly protocol gives readers • recommendations for a healthy pregnancy and childbirth • vital information about what to expect at every well child visit from birth through adolescence • a slower, evidence-based vaccine schedule that calls for only one aluminum-containing shot at a time • important questions to ask about your child’s first few weeks, first years, and beyond • advice about how to talk to health care providers when you have concerns • the risks associated with opting out of vaccinations • a practical approach to common illnesses throughout the school years • simple tips and tricks for healthy eating and toxin-free living at any age The Vaccine-Friendly Plan presents a new standard for pediatric care, giving parents peace of mind in raising happy, healthy children. Praise for The Vaccine-Friendly Plan “Finally, a book about vaccines that respects parents! If you choose only one book to read on the topic, read The Vaccine-Friendly Plan. This impeccably researched, well-balanced book puts you in the driver’s seat and empowers you to make conscientious vaccine decisions for your family.”—Peggy O’Mara, editor and publisher, Mothering Magazine “Sure to appeal to readers of all kinds as a friendly, no-nonsense book that cuts through the rhetoric surrounding vaccines. It offers validation to those who avoid some or all, while offering those who do want to vaccinate help on how to do so safely. This is a great book for anyone with children in their lives.”—Natural Mother “A valuable, science-supported guide to optimizing your child’s health while you navigate through complex choices in a toxic, challenging world.”—Martha Herbert, M.D., Ph.D., Harvard Medical School “An impressively researched guide, this important book is essential reading for parents. With clear and practical advice for shielding children from harmful toxins, it will compel us all to think differently about how to protect health.”—Jay Gordon, M.D., FAAP “Rather than a one-size-fits-all vaccine strategy, the authors suggest thoughtful, individualized decisions based on research and collaboration between parents and clinicians—a plan to optimize a child’s immune system and minimize any risks.”—Elizabeth Mumper, M.D., founder and CEO, The Rimland Center for Integrative Pediatrics “This well-written and thought-provoking book will encourage parents to think through decisions—such as food choices and the timing of vaccines—that affect the well-being of their children. In a world where children’s immune systems are increasingly challenged, this is a timely addition to the literature.”—Harriet Lerner, Ph.D., bestselling author of The Dance of Anger and The Mother Dance

The Science of Mom—Alice Callahan 2021-11-23
Now updated! The new edition of this best-selling guide uses science to tackle some of the most important decisions facing new parents—from sleep training and vaccinations to breastfeeding and baby food. Is cosleeping safe? How important is breastfeeding? Are food allergies preventable? Should we be worried about the aluminum in vaccines? Searching for answers to these tough parenting questions can yield a deluge of conflicting advice. In this revised and expanded edition of The Science of Mom, Alice Callahan, a science writer whose work appears in the New York Times and the Washington Post, recognizes that families must make their own decisions and gives parents the tools to evaluate the evidence for themselves. Sharing the latest scientific research on raising healthy babies, she covers topics like the microbiome, attachment, vaccine safety, pacifiers, allergies, increasing breast milk production, and choosing an infant formula.

Should Vaccinations Be Mandatory?—Roman Espejo 2014-04-14
Vaccines are meant to help us, but there are contrary ideas as to whether vaccines are the best alternative. Supporters say that vaccines prevent deadly and serious diseases including rubella, diphtheria, smallpox, polio, and whooping cough. People against vaccination believe that children’s immune systems can deal with most infections naturally. They point out that injecting questionable vaccine ingredients into a child may cause side effects, including seizures, paralysis, and death. This book examines the importance of childhood vaccinations for public health, weighing concerns...
about the risks of vaccines against the consequences of not vaccinating. It explores the issue of mandating vaccinations in the context of personal and religious freedom, and discusses the likelihood that the HPV vaccine will encourage early sexual activity.

Vaccines: Kristen A. Feemster 2017-10-03
Immunization is regarded by many as one of the greatest advances in modern civilization. The widespread use of vaccines has led to increases in life expectancy, reductions in the occurrence of childhood diseases, and is generally credited with saving millions of lives annually. But since their discovery two centuries ago, vaccines have been dogged by pockets of persistent distrust among those who are skeptical of their science or who find compulsory immunization at odds with personal liberty. The rise of these voices in contemporary culture has contributed to trends of vaccine delay and vaccine hesitancy in some communities -- a chasm between the general population and the scientific establishment that has persisted and grown at times across the last several decades. Vaccines: What Everyone Needs to Know® offers a scientifically grounded overview of the science, manufacture, and culture of vaccines in the United States and internationally. Aiming to offer an unbiased resource on this hotly debated subject, it provides accessible, authoritative overviews of the following: · How vaccines work · The history of vaccines · Vaccine policy -- who writes it, and does it matter? · The contents and manufacture of vaccines · Vaccine injury · The alleged link between vaccines and autism · Vaccines and new outbreaks Written by a leading authority in both infectious disease and vaccine education, this book offers a clear-eyed resource for parents or anyone with an interest in the use, efficacy, and controversy surrounding vaccines. In a subject area defined by partisanship, it offers reliable resource for what everyone needs to know.