Psychodynamic Counselling With Children and Young People

Sue Kepresi 2009-12-18 Introducing key psychodynamic theory, concepts and techniques, this textbook examines the challenges and opportunities of counselling adolescents and children. The book explores a wide variety of settings and contexts, from schools to community projects and mental health services. It is an invaluable guide for counsellors and therapists at all levels.

Short-term Psychodynamic Therapy with Children in Crisis
Elisabeth Cleve 2016-05-05 In Short-term Psychodynamic Therapy with Children in Crisis, Elisabeth Cleve presents the therapeutic stories of four children who have experienced trauma or are displaying dramatic clinical symptoms such as self-harm and anxiety. Exploring the situation between the individual child and the therapist, the therapeutic space and their experiences, each chapter follows the sessions and the problems solved, concluding with a follow-up after the end of the therapy. Cleve explores each case as all of the three elements as the major goal, the child and the parents, and the interactions between the therapist and the children's parents. The focus of the psychodynamic encounter is in each case to help the child face the trauma, move what had been suffered, and move on in life with renewed strength. The final chapters explore the effects of sharing cases and present Cleve's reflections on working with traumatised children, and the book also includes forewords by Lars H. Guttormsen, paediatrician and associate professor of social medicine, and Björn Salomonsson, children's psychiatrist in Sweden. 

The aim of this book is to provide young psychologists and psychiatrists working with children and adults who have experienced trauma or are displaying dramatic clinical symptoms such as self-harm and anxiety with a systematic approach to psychotherapy. Helping to systematically address avoidance mechanisms, talking to the child about how the disruptive behavior helps them to avoid anxiety and avoids facing the trauma is essential for children in this situation. The book explains the evidence base for working in this way and provides clinical examples to illustrate the practical application of the theory.

Technical Kit of Psychodynamic Psychotherapy
Deborah Al buying 2021-01-10 A Clinical Guide to Psychodynamic Psychotherapy serves as an accessible introduction to psychodynamic psychotherapy. It offers a brief introduction to psychodynamic psychotherapy, which is a resource for psychodynamic psychotherapy that goes to the heart of the practice of the therapy and addresses the common questions and concerns of practitioners. The book includes a wide range of practical applications to help practitioners understand how to implement the therapy in their work with children and families, including issues around research, neuroscience, mentalizing, working with diversity and differences, brief psychotherapy adaptations and the use of social media and technology. It is underpinned by the psychodynamic competence framework that is implicit in best psychodynamic practice. The book includes a foreword by Prof. Peter Fonagy that outlines the unique features of psychodynamic psychotherapy that make it so relevant to current clinical practice today. The book will be beneficial for students, trainees, and qualified clinicians in psychodynamic psychotherapy, psychology, counselling, psychiatry and other allied professions.

Psychodynamic Perspectives on Working with Children, Families, and Schools
Michael O'Loughlin 2012-12-08 For school professionals working to work in emotionally focused ways with children, this book provides a wide range of essays illustrating how psychodynamic ideas can be used to validate children, respect the contexts of their communities, and create non-authoritarian classroom environments in which children are able to develop their full potential.

Contemporary Psychodynamic Psychotherapy
David Keely 2019-06-15 Contemporary Psychodynamic Psychotherapy: Evolving Clinical Practice covers the latest applications of psychodynamic therapy for a range of clinical issues, including depression, anxiety, psychosis, personality and trauma. It also explores the cutting edge of research in psychodynamic child psychotherapy and related areas. It presents many of the emerging findings while also illustrating a wide range of examples of working with children and young people that have been developed through contemporary psychodynamic psychotherapy research, this book is squarely aimed at progress in the future, making it ideal for psychologists, psychiatrists, and all mental health care practitioners.

Psychotherapy with Young People
Jil Bellinson 2002 Both show unconscious content, defensive needs, and interpersonal and transference relationships. As therapists, we can search for the same underlying dynamics we would look for in these other symbolic expressions. It provides a unique and innovative insight into the emotional and cognitive world of the child, who often presents effective strategies for wide ranging problems of clinical relevance. New chapters in the second edition provide step-by-step coverage of two major cases, from intake through termination.

Psychodynamic Counselling with Children and Young People: An Introduction Basic Texts in Counselling and Psychotherapy
Maybe you have knowledge that people have looked numerous times for their favorite books later this psychodynamic counselling with children and young people an introduction basic texts in counselling and psychotherapy but end in the works in harmful downloads. Rather than enjoying a fine PDF like a coffee mug in the afternoon, on the other hand they juggled in the same way as some harmful virus inside their computer. psychodynamic counselling with children and young people an introduction basic texts in counselling and psychotherapy is available but no for your favorite books later this psychodynamic counselling with children and young people an introduction basic texts in counselling and psychotherapy but end in the works in harmful downloads.
Doing Child and Adolescent Psychotherapy—Richard Bromfield 2007-03-31 This readable guide for therapists and therapists-in-training lays out the theoretical essence and practical essentials of doing child and adolescent psychotherapy from the referral call to the last goodbye.

Core Processes in Brief Psychodynamic Psychotherapy—Denise P. Clarrin 2013-10-03 Many students enter graduate programs with little or no experience of psychodynamic psychotherapy. Efforts to impact clinical skills have been often less than systematic and beginning psychodynamic therapists have not always been encouraged to think about what they are doing and why they are doing it from a scientific standpoint. Thoughtfully building on current debates over efficacy and effectiveness, this book outlines a promising approach to training in which the work of therapy is divided into "catalytic factors"—significant developments in the course of the therapy that are crucial for effective change. Each task step for the therapist—cognitive, behavioral, affective, or a combination—analyzed, taught separately, and then put in sequence with the other task steps. Curative factors have been extensively studied in recent years and the approach rests on a solid empirical basis. In a climate of increased accountability, clinicians must demonstrate that they are responding to providers' requests to conduct evidence-based practices. Core Processes in Brief Psychodynamic Psychotherapy will be an invaluable resource not only for students and trainees, but for established therapists who find themselves asked to justify their work.

Short-term Psychoanalytic Psychotherapy for Adolescents with Depression—Simon Creesin 2018-03-08 Short-term Psychoanalytic Psychotherapy (STPP) is a manualized, time-limited model of psychoanalytic psychotherapy comprising twenty-eight weekly sessions for the adolescent patient and seven sessions for parents or carers, designed so that it can be delivered within a public mental health system, such as Child and Adolescent Mental Health Services in the UK. It has its origins in psychoanalytic theoretical principles, clinical experience, and empirical research suggesting that psychoanalytic treatment of this duration can be effective for a range of disorders, including depression, in children and young people. The manual explicitly focuses on the treatment of moderate to severe depression, both by detailing the psychoanalytic understanding of depression in young people and through careful consideration of clinical work with this group. It is the first treatment manual to describe psychoanalytic psychotherapy for adolescents with depression.

Essential Psychodynamic Psychotherapy—Teri Quatman 2015-03-02 Essential Psychodynamic Psychotherapy: An Acquired Art provides an essential, accessible grounding in current psychodynamic psychotherapy and practice for a wide range of readers. For trainees, it offers a very useful tool to help them make the transition from purely theoretical training to the uncharted territory of clinical practice. For more seasoned therapists and those seeking to deepen their understanding of psychoanalytic psychotherapy, it provides conceptual clarity, and may also serve as a stepping stone to more complex and denser psychoanalytic works written for advanced clinicians. Essential Psychodynamic Psychotherapy: An Acquired Art is an introduction to how to think and work psychodynamically. It is written primarily for those training at a postgraduate level in psychoanalytic and psychodynamic psychotherapy, but reaches well beyond that audience. It is grounded in contemporary psychoanalytic theory, drawing on the work of Winnicott, Bion, and Ogden, all of whom are pivotal in current psychoanalytic thought and practice. It also integrates attachment theory and research, and includes fresh contributions from neuropsychological research. The voice of the book is honest and intimate. The tone is practical. It is written with a clear-minded understanding of contemporary psychodynamic theory that allows the new therapist to access the deepest and richest parts of the therapy itself. It translates many of the key theoretical tenets of psychodynamic psychotherapy, giving the reader a clear (but non-formalistic) guide as to how to handle the contours of any analytic session; how to open one’s perceptual and emotional appetites as clinician; how to work in and understand "the relationship"; and how to work with the most common intrapsychic and interpersonal problems patients present. This publication will be a valuable guide for new analytcs and therapists, and also for those seeking to understand what role of psychodynamic therapy may hold for them, no matter where they are in their clinical careers. Dr. Teri Quatman is an Associate Professor of Counseling Psychology in the Graduate Department of Counseling Psychology at Santa Clara University. She earned her Ph.D. from Stanford University in 1990, and has studied, practiced, and taught psychodynamic psychotherapy to graduate students for the past 25 years.

Cyclical Psychodynamics and the Contextual Self—Paul L. Wachtel 2014-04-03 Cyclical Psychodynamics and the Contextual Self articulates in new ways the essential features and most recent extensions of Paul Wachtel's powerfully integrative theory of cyclical psychodynamics. Wachtel is widely regarded as the leading advocate for integrative thinking in personality theory and the theory and practice of psychotherapy. He is a contributor to cutting edge thought in the realm of relational psychoanalysis and to highlighting the ways in which the relational point of view provides especially fertile ground for integrating psychoanalytic insights with the ideas and methods of other theoretical and therapeutic orientations. In this book, Wachtel extends his integration of psychoanalytic, cognitive-behavioral, systemic, and experiential viewpoints to examine closely the nature of the inner world of subjectivity, its relation to the transactional world of daily life experiences, and the impact on both the larger social and cultural forces that both shape and are shaped by individual experience. Here, he discusses in a uniquely comprehensive fashion the subtleties of the clinical interaction, the findings of systematic research, and the role of social, economic, and historical forces in our lives. The chapters in this book help to transcend the tunnel vision that can lead therapists of different orientations to ignore the important discoveries and innovations from competing approaches. Explicating the pervasive role of vicious circles and self-fulfilling prophecies in our lives, Cyclical Psychodynamics and the Contextual Self shows how deeply intertwined the subjective, the intersubjective, and the cultural realms are, and points to new pathways to therapeutic and social change. Both a theoretical tour de force and an immensely practical guide to clinical practice, this book will be essential reading for psychoanalysts, psychotherapists and students of human behavior of all backgrounds and theoretical orientations.

Reading Anna Freud—Nick Midgley 2012-10-16 What place do Anna Freud’s ideas have in the history of psychoanalysis? What can her writings teach us today about how to work therapeutically with children? Are her psychoanalytic ideas still relevant to those entrusted with the welfare of infants and young people? Reading Anna Freud provides an accessible introduction to the writings of one of the most significant figures in the history of psychoanalysis. Each chapter introduces a number of her key papers, with clear summaries of the main ideas, historical background, a discussion of the influence and contemporary relevance of her thinking, and recommendations for further reading. Areas covered include Anna Freud’s writings on: • The theory and practice of child analysis and developmental therapy • The application of psychoanalytic thinking to education, paediatrics and the law • The assessment and diagnosis of childhood disorders • Psychoanalytic research and developmental psychoanalysis. Nick Midgley draws on his extensive experience as a child psychotherapist and a teacher to bring Anna Freud’s ideas to life. He illustrates the remarkable originality of her thinking, and shows how analytic ideas can be used not only in child psychotherapy, but also to inform the care of children in families, hospitals, classrooms, residential care and the court room. Reading Anna Freud will be of interest to child therapists, child analysts and psychoanalysts as well as others working in the field of child and adolescent mental health, such as clinical psychologists, child psychiatrists and educational psychologists. It also has much to offer to those entrusted with the care of children in a wide range of settings— including teachers, nurses and social workers — for whom Anna Freud was always keen to demonstrate the value of a psychoanalytic approach. Nick Midgley trained as a child and adolescent psychotherapist at the Anna Freud Centre, where he now works as a clinician and as Programme Director for the MSc in Developmental Psychology and Clinical Practice. Nick has written articles on a wide range of topics and is joint editor of Mindful the Child: Mentalization-based Interventions with Children, Young People and their Families (Routledge, 2012) and Child Psychotherapy and Research: New Directions, Emerging Findings (Routledge, 2009).

Work with Parents—Sue Ball Boethius 2010 "Drawing on the rich reach and depth of the clinical experience of the contributors, this welcome volume will be a valuable tool for clinicians and trainees. The authors share a powerful commitment to the relevance and value of psychoanalytically based work with parents – an area all too often inadequately provided for – and provide heartening evidence of the resilience and intellectual vitality of the various strands within this tradition. Part of the EPPP Monograph Series. –Provided by publisher.